

Plenty Parklands Primary School Canteen Menu 2023

Orders can be placed on QKR or please write child's name, room number, order and any allergies or special dietary requirements clearly on a brown paper lunch bag. Lunch bags can be provided for 10c extra.

☺ SANDWICH & SALAD BAR

White or Wholemeal Bread	
Roll, Wrap or Gluten Free Bread add	50c
Ham, Chicken, Tuna, e.g. or	
Salad (lettuce, tomato, carrot,	
beetroot, cucumber)	\$4.00
Vegemite, tomato or cheese	\$2.50
Egg & Lettuce	\$3.00
☺ Extras (add)	
Cheese, tomato, grated carrot, cucumber, or	
beetroot	30c
Vegemite	30c
Ham, or egg	50c
chicken, tuna, avocado	\$1.00
Toasted sandwiches (add)	30c
Toasted baked beans	\$3.00
Garden Salad tub	\$4.50
Cesar salad	\$5.50
Seasonal fruit salad tub	\$4.50
Watermelon tub	\$3.50

* GLUTEN FREE

Meat Pie	\$5.50
Bolognese pasta	\$5.00
Chicken tenders	\$2.00
Chicken Burger	\$5.50
Choc chip cookie	\$1.00
Sandwich – see under sandwich bar	

* BURGERS

Please note beef burgers are home made
Burger; Beef/Chicken/Veggie/Fish \$4.50

☺ Extras (add)

Cheese, tomato, grated carrot, beetroot or
lettuce 30c

* HOT FOOD

Hot chicken roll or wrap	\$4.00
☺ Extras add	
Cheese, tomato, grated carrot, beetroot,	
lettuce or mayo	30c
Sweet chilli wrap, with lettuce	\$5.00
and sweet chilli sauce	
Home made Lasagne	\$5.00
Home made macaroni cheese	\$5.00
Home made Spaghetti Bolognaise	\$5.00
Home made Butter chicken	\$5.00
Home made Fried Rice (no meat)	\$4.50
Lamb souvlaki, with lettuce	\$6.00
and tzatziki	
Nacho box	\$4.50
Add sour cream	.50
Pizza Margherita	\$3.00
Pizza – Hawaiiin, Meatlovers,	
BBQ chicken or vegetarian	\$3.50
Hot dog	\$3.50
Dino Snacks 3 pack	\$3.00
6 pack	\$5.50
Meat pie	\$4.00
Home made sausage roll	\$3.50
Pastie	\$3.50
Party pie	\$1.00
Home made party sausage roll	\$1.00
Steamed Dim Sim	\$1.00
Patizzi-Ricotta	\$1.00
Corn Cob	\$1.00

* SAUCES

Tomato, sweet chilli and soy sauce,
mayonnaise or salad dressing 30c

* HALAL

Chicken Dino (steggles) 3 pack	\$3.00
6 pack	\$5.50
Chicken/Fish burger/Veg	\$4.50
☺ Extras add	
Cheese, tomato, grated carrot, beetroot or	
lettuce	30c
Hotdog (Vic Halal Meats)	\$4.00
Sausage rolls	\$4.00
Home made macaroni cheese	\$5.00

* DRINKS (lunch orders only)

☺ Chocolate or strawberry milk	\$2.00
* 200ml juice varieties	
Apple, orange, apple & blackcurrent,	
tropical	\$2.00
Chill J fruit juice drink	\$2.50
Blackcurrent, watermelon, grape,	
orange/passionfruit, raspberry	

* SNACKS

(lunch order and over the counter)

☺ Frozen orange quarter	30c
☺ Frozen pineapple ring	50c
☺ Seasonal fruit available	\$1.00
☺ Apple Slinky	\$1.50
☺ Watermelon Tubs	\$3.50
☺ Hard Boiled Egg	\$1.00
* Variety of popcorn flavours	\$1.50
(butter, cheese or salt & vinegar)	
* Variety of JJ Snacks	\$1.50
* Home made muffins mini	50c
* Home made Cookie choc chip	\$1.00
* Home made Yumballs	\$1.00
* Home made Banana brea	\$2.00

Over the counter only

★ Paddle pop icy twist	\$1.50
★ Calippo mini	\$1.50
★ Zing Yoghurt Bar	\$1.00
★ Moozie	\$1.50
★ Zooper Dooper	50c
★ Frozen Yoghurt tubs	\$2.00
★ Frozen jelly fruits	50c

Some items may contain traces of nuts

Prices are subject to change and include GST

☺ Everyday choices

★ Choose carefully

Please ensure correct money and only

Australian money is used for the lunch order.

Change will be given.

Your child may miss out on an item of choice if not enough money is enclosed.

Example Order

<i>Natalie Williams</i>	<i>Room 5</i>
<i>1 x chicken burger</i>	<i>\$4.00</i>
<i>With lettuce</i>	<i>.30</i>
<i>Tomato</i>	<i>.30</i>
<i>Mayonnaise</i>	<i>.20</i>
<i>1 x chocolate milk</i>	<i>\$2.00</i>
<i>1 x paper bag</i>	<i>.10</i>
	<hr/>
	<i>\$6.90</i>