The PURPOSE of Plenty Parklands Primary School is - to educate children as lifelong learners to shape a better Australia.

Principal's Message

Welcome to our 2017 preps, their families and our new families across the school. To help with the smooth transition of our new preps we had a lovely night on Tuesday at the Welcome BBQ, where the kids made good use of the play equipment while they had it all to themselves. Books and pencils were sorted, glue sticks collected and children shown where they will be sitting on their first day at school; it was all very exciting. We also gave the parents, grandparents and family friends the same old wise advice; if you are going to get emotional, wear dark glasses and wait until you are out your child’s line of sight. Then make sure you have organised to have a drink with a friend; you can decide what type of drink that needs to be.

We also welcomed our new students in years 1-6 at assembly on Monday, with some choosing to stand up as we gave them a welcome clap. Our new staff didn’t get the choice as I ‘invited’ them to come to the front of assembly so we could put faces to names. We will have to wait a little while before we meet our new prep staff at assembly. On that note we welcome once again the staff who joined us this year. Welcome to Ms Nicola Holmes 6-7, Mr Andrew Broadbent 5-4, Mr Lachlan Challis 5-5, Mr Chris Uniacke 4-29, Ms Emma Wallmeyer 3-17, Ms Melissa Newton 2-26, Mr Luke Poyser 2-28, Ms Tenille Webb 1-15, Ms Marni Chambers P-9, and Mrs Jessica Marcy P-12 who join us as classroom teachers. We welcome back Mrs Louise Mercer who will, once again, work in our Performing Arts program, Mrs Marisa Sallemi who will work in our Music program, and Ms Susan Srijki and Mrs Kate Cugnetto who will each work one day a week.

Principal’s message cont…….

FINANCIAL ASSISTANCE NOW AVAILABLE! CSEF 2017

The Camps, Sports and Excursions Fund is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities. If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seekers and refugee families. The annual CSEF amount per primary student will be $125. Complete the CSEF application form elsewhere in this newsletter and return it to the school office. The form can also be collected from the school office or downloaded from the school website or from www.education.vic.gov.au/csef.

Closing Date: You should lodge a CSEF application form at the school by 24th February, 2017. Kristina Elvey, Business Manager
We also welcome Mrs Georgia Ingram who joins our Education Support staff this year to support two students who qualify for some funding through the Program for Students with Disabilities. Returning to PPPS in a similar Education Support role is Ms Christie Buswell; welcome back.

Another welcome goes to baby Leon who joined the Serollo family on Tuesday 10th January; he weighed 4 kgs and measured 52cm. When Mrs Serollo left on family leave at the end of last year we made her promise to send a photo of the new addition. They feel blessed and tell us that everything is going well.

Some quiet reading followed by some quiet or shared reflection; sounds nice but impossible in your busy day? These hints are worth taking the time.

Another year ends and a new one begins. This is the time of the year that brings so much opportunity for change. A new year for many means a new start. The slate is wiped clean. We won’t repeat the bad habits of the past. Plans are made to save more, eat less and put some balance into our lives. At least these are the plans I hear from people around me.

But, if you have children then ask yourself, “What will be different this year?” Will this year bring more of the same for you and your brood, or will you take the opportunity to do some things differently, or even take your parenting up a notch or two this year?” If improvement as a parent is important then consider these 12 ideas that are guaranteed to have you parenting differently in 2017.

1. Let kids out of your sight
Okay, I thought I’d kick off with something controversial. In this current age of anxiety and fear, effective parenting is equated with the constant monitoring of kids’ behaviour and whereabouts. It starts with parents as a preventative measure for SIDS monitoring babies as they sleep. But the monitoring and supervision of kids intensifies as they get older, with technology (mobile phones and tracking devices) making it almost impossible for kids to fall off their parents’ radar. This constant monitoring coincides with unprecedented high levels of childhood anxiety, which many experts agree, is fed by parents worrying for their children’s safety. Contrary to popular belief Australia is no more dangerous a place than it was when you were growing up, yet we don’t allow kids the same freedoms to explore and wander that we enjoyed as kids. This year give them some space to play on their own, explore their neighbourhood and visit friends without you.

2. Expect them to earn the right
Do your kids constantly remind you that they have rights? Do they tell you that they have right to (pick any of the following and feel free to add to the list): go where they want/use their mobile phone whenever they want/play in the living room without cleaning up? If so, your kids may be growing up with a false sense of entitlement, which is fast becoming a marker of this generation. Make this a year where kids earn the rights that they previously took for granted through hard work, responsible behaviour and being cooperative. Le...

3. Be less worried about what others think of you
It’s human nature to be mindful about what others think of you. Worrying about what others think of our parenting is a massive distraction. If comments such as ‘good boy’ and ‘good girl’ trip of your tongue like a nervous tic and your child is over the age of five then I suggest you change parenting tapes and focus more on children’s effort than their results this year. While children under the age of five have difficulty differentiating between who they are and what they do, school-aged kids can differentiate between the two and show a clear preference for effort praise over result praise. “Always do your best” is a great turn of phrase as it focuses your child’s attention on what they do rather than who they are (“You’re clever”) as a strategy for success. So this year your kids should hear more “You’re working hard/putting in the effort” type comments from you so they are free to take more risks and they learn that success is more due to effort and strategy than ability alone.

4. Praise effort over results
If comments such as ‘good boy’ and ‘good girl’ trip of your tongue like a nervous tic and your child is over the age of five then I suggest you change parenting tapes and focus more on children’s effort than their results this year. While children under the age of five have difficulty differentiating between who they are and what they do, school-aged kids can differentiate between the two and show a clear preference for effort praise over result praise. “Always do your best” is a great turn of phrase as it focuses your child’s attention on what they do rather than who they are (“You’re clever”) as a strategy for success. So this year your kids should hear more “You’re working hard/putting in the effort” type comments from you so they are free to take more risks and they learn that success is more due to effort and strategy than ability alone.

5. Defer more to your partner
If you are in a two parent arrangement then you’ll know only too well that there’s usually tension when two people raise their kids. We come to the task with different parenting experiences and differing expectations. That’s before we factor in how our birth order impacts on how we raise kids. These differences can be draining particularly when one parent is forever saying “Yes” to everything a child asks, while the other always says “No”. You can prevent this by habitually deferring to your partner, particularly when your kids put pester power to the test. Rather than continually responding to children’s requests, say something like, “I’m not sure about that. I’ll check with your father/mother and get back to you.” This year work hard to give your kids the consistency of two partners working from the same page.

6. Set the rules first
Tired of feeling like the family killjoy because you’re always taking kids’ freedoms away? If so, here’s a strategy you’ll love. When you give kids something new (e.g. a mobile phone), or allow them to do new activity (e.g. go to a friend’s house) always put a rule or restriction in place. “You can only use the phone in the living room or kitchen.” “You can go to your friend’s place after school but you need to stay there and don’t go anywhere else.” When kids show they can act responsibly then reward their responsible behaviour by removing the restrictions thereby granting them greater freedom. So this year make sure you put a rule or two in place when kids get or do anything new and be ready to remove them when they do the right thing. Far smarter than taking away freedoms when kids act irresponsibly or excessively because there were no rules in the first place.

Principal’s message cont........
7. Ditch the digital (when you are with kids)
If you’re concerned about the time your child spends in front of a media screen then it may be a good idea to look at your own screen habits. A recent US study into technology habits found that on average parents spent half an hour more each day on screen media than their tween or teen children. And perversely, these same parents expressed concerns about their children’s screen use. While most parents are aware of the power of role modelling to influence kids’ behaviour, it appears to be a blind spot when it comes to digital media. If you want kids to reduce, or at least bring some balance to their media screen time this year, then consider swapping “Do as I say” with “Do as I do.”

8. Give kids new challenges
Nine-year-old Ella wanted some spending money for her summer holidays. Her parents suggested she think of a way to earn some extra money rather than simply receive a handout. She rose to the challenge, selling plant cuttings taken from her parents’ garden at a stall outside her home one weekend. She made enough money to supplement her bank account as well as fund her summer spending. It’s easy sometimes to give kids what they want. Better to challenge them to solve their own problems. So this year do more for your kids by doing less and start posing their request as problems for them to solve. Confidence comes from meeting new challenges.

9. When kids can let them do
Do you wake your kids up each morning even though they are capable of telling the time and setting their own alarm? Perhaps you think that getting kids out of bed is a parent’s job. Maybe you think your child couldn’t organise themselves in the morning let alone get themselves out of bed without you reminding them? You may be right. Only you can judge that. This year adopt the “when kids can let them do” principle. Identify the key responsibilities that you are taking away from kids, and then gradually hand them over to your kids. I bet they’ll surprise you with how capable they really are.

10. Praise your kids for managing adversity
It’s a parenting truism that what you give attention to expands. Keep giving attention to kids’ poor behaviour and all you seem to get is poor behaviour. Here’s a challenge. This year set your antennae to notice when kids’ cope with adversity and start praising their factors that contribute to their resilience.

11. Create a fight list
If you always fight with a child or teen over seemingly minor matters then it’s time for a change of strategy. Here’s what to do. Create two lists. One consisting of the issues worth fighting with kids over (e.g. you need to be home when you say you will) and the second of things that aren’t worth fighting over (e.g. spotless bedrooms).

12. Teach them what you know
The art of parenting has its roots in teaching. Mothers and fathers have always passed on their knowledge and skills to their children so that they can learn to function independently in the world. These days kids get skills and knowledge from many sources including teachers, coaches, peers and good old Dr Google, so much so that a parent can feel redundant. It’s little wonder we do so much for kids. It’s the only way to feel like a parent. This year don’t leave your teaching to chance. Whether it’s cooking a meal; sharing your family’s history or to hammering a nail, look for practical ways rekindle the teacher within. By doing so you’ll be developing kids’ independence and building a stronger relationship as well. Okay, so how did you go? You may be already doing some of these; some you might have turned your nose up at; and with a bit of luck there would have been some ideas that interested you.

Now your challenge is to put two or three of these ideas into practice. Stick at them for at least a month, which is how long it takes for most new behaviours to become habitual. It’s in our habits, not our one-off ideas and strategies, where our real effectiveness as parents lay.
For more practical tips and expert advice, visit www.parentingideas.com.au
Nice to know you are not alone as a parent or that the things you worry about are not unique to you or your child. Nicer still to know that you can make a change and make your life and family life a little easier at times.

Stay tuned for news about the launch of our revised Purpose Statement, Vision and Values.
In the meantime we trust your family enjoys a smooth start to 2017.
Claire McInerney, Principal

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**IMPORTANT INFORMATION: COMPASS UPDATE**

Plenty Parklands Primary School has commenced using Compass in 2017. In Term 1 it will only be used by staff with the introduction to families in Term 2.
All families were asked at the Introducing My Child meetings to confirm or amend their e-mail address details. If you have not yet done this please update your e-mail address details with the school office as soon as possible.
Toward the end of Term 1 all families will be sent via e-mail a letter introducing Compass and providing you with your parent portal username and password.
There will then be parent training sessions surrounding the parent portal and the use of Compass and information about training will be published in the newsletter and on the webpage closer to the date.

Commencing 2017 the school newsletter will be made available on the webpage and commencing Term 2 also on the Compass portal, hardcopies will no longer be available.
Student Reports for Semester 1 and 2 will also be accessed via the Compass portal, hardcopies will no longer be available.
Keep Thursday March 16th free for our annual Family Fun Night, from 5.00pm to 8.00pm. You will have the chance to share a fun night with family and friends, enjoy the rides or buy something tasty to eat. More information will be in following newsletters, so keep this date free.
See you on Thursday March 16th at 5.00 pm.

**Next Coffee and Chat:**
We will also be having a Coffee and Chat on Wednesday 15th February at 9.15am in the staff lounge to continue planning for our Family Fun Night and would love to have you join us.
Please contact the office on 9404 4311 if you would like to attend the Coffee and Chat group on the above date.

**FIRST AID ROOM LINEN ROSTER VOLUNTEERS NEEDED**

We are looking for caring parents to volunteer to launder the First Aid Room linen. This is done on a fortnightly basis, so the more volunteers we get, the fewer turns you will have throughout the school year. If you are able to assist, please fill in the slip below and send it back with your child.

Yes I will launder the linen

Name: _____________________________ Child’s name: _____________________________

Child’s home group: _____________________________

**LOST PROPERTY ROSTER VOLUNTEERS NEEDED**

We are seeking your support to volunteer for our Lost Property Roster.
This would entail coming to the school to sort through the “lost” uniforms that are stored in a cupboard in our administration block. Any named uniforms would be placed in the relevant child’s home group, unnamed uniforms remain in the cupboard in the hope that their owner will one day come to claim it.
If ten parents volunteer, this means you would be required to come to the school once a term.
Please consider offering your services as we have an abundance of lost uniforms weekly, just contact the office staff to add your name to the roster or fill in the slip bellow and send it back with your child.
Many thanks,

Yes I would like my name put on the lost property roster

Name: _____________________________ Child’s name: _____________________________

Child’s home group: _____________________________
STUDENT MEDICATION/EPIPEN/HYPO BOX ETC.

To assist us with maintaining our high standard of “duty of care”, your cooperation is sought as follows:
- regularly check all your child’s medication/epipen use-by-dates and, if necessary, replace immediately.
- advise the office immediately of any changes, eg. phone numbers of yourself or emergency contacts.

Your cooperation is appreciated. Please contact me should you have any First Aid queries or concerns.
Heike Hopf, First Aid Coordinator

SUNSMART

Students are required to wear the official school broad brimmed or legionnaire hats, years 5 and 6 have the option of bucket hats, whenever they are outside from September to the end of April (i.e. recess, lunchbreak, sport, excursions). Due to the health issues we implement a NO HAT; NO PLAY rule - students without a hat stay in a specified shaded area. We encourage the daily application of sunscreen by parents before school and by students prior to lunchbreak. We also encourage students to use available areas of shade for outdoor activities. We have enough sun shelter for all our students. Please remember that it is a sun smart school from September to April; no hat no play.

STUDENT PERSONAL DETAILS

Have you changed your address, home telephone number, work telephone number, email address, mobile telephone number, custody restrictions or medical details? If so, please keep the office informed of ANY changes to details relevant to your child/ren attending our school. It is vital that these records are kept up to date so we can reach you in case of an emergency. We need to make sure your child receives the best care we can offer.

UNIFORM SHOP

The uniform shop will be open every Monday during assembly from 2.50pm to 3.30pm. Uniform order forms are available online or at the office. Completed orders forms, together with payment, are to be sent to the office in a sealed envelope. Orders will be filled and sent home with your child.

Family Fun Night RIDES SPONSORSHIP

We are looking for sponsorship for the rides and to add an extra ride for this year’s Family Fun Night which will be suitable for the older children. In order to go ahead with this, we will would welcome sponsorship. Please contact the office on 9404 4311 and ask for Antonella. Thanking you in anticipation.
ITEMS ON THE ROOF OF THE SCHOOL

It is a legal Occupational, Health and Safety requirement that personnel must have completed the official ladder training course before they can go on a school roof. Our trained staff member has Friday after school as the allocated roof time to collect shoes, balls and other objects. These objects are then placed in the Lost Property basket for collection the following Monday.

CELEBRATIONS AT SCHOOL

Due to the number of students at the school with food related allergies, we are unable to have ‘shared food’ to celebrate birthdays or special occasions. While it is not necessary to celebrate student birthdays at school, some students want to share this important ‘milestone’ and excitement with their class. We have some non food suggestions for how your child may celebrate their birthday at school.

- Bring along favourite story for the teacher to read.
- Bring along favourite CD to enjoy with their class.
- Child to suggest their favourite game to play with the class.
- Bring a balloon/sticker for everyone.
- Bring a game from home to play - pass the parcel, pin the tail on the donkey: a ball game (remember this game must be able to be played by all students in the class for approximately 10 minutes).

You may even have ideas of your own. If your child chooses to do this, their class teacher will set aside 10 minutes within the day. If you send food we will unfortunately have to return it due to health concerns.

DRINKS

We have an hydration program whereby children can drink water from their drink bottles throughout the day. To teach your child healthy drinking habits, children are not to bring sugary drinks such as commercial fruit juice, cordial or soft drink. Only water can be drunk in class and because of student safety, no glass bottles or containers can be brought to school.

LOST PROPERTY

To save money, name ALL your child’s/children’s clothing with both given and family names. If property is lost, first check your child’s classroom (or specialist class they may have attended), then look in the Lost Property basket outside the courtyard entrance to the Administration Block and then the Lost Property cupboard in the disabled bathroom in the Administration block. This cupboard is accessible before 9.00am and after 3.30pm. A parent volunteer sorts through the items at the end of each week and those items that are named are returned via their teacher’s pigeon hole.

Any uncollected items of clothing will be donated to a charity at the end of the year.

PERSONAL GOODS BROUGHT TO SCHOOL AT OWNER’S RISK

- Each year school principals are asked to remind parents that personal goods brought to school are at the owner’s risk.
- Private property brought to school by students is not insured and the Department of Education and Training (DET) does not accept any responsibility for any loss or damage.
- Personal property is often brought to school by students, staff and visitors. This can include mobile phones, calculators, toys, sporting equipment and cars parked on school premises. Please note the DET does not hold insurance for personal property brought to school and it will generally not pay for any loss or damage to such property.
- We do not have the staff to investigate theft or damage of non essential items at school. We would prefer that students do not bring mobile phones, toys or sporting equipment to school.
PARENTS LEAVING THEIR CHILD'S BELONGINGS AT THE OFFICE

If a child forgets to bring their lunch, jacket, hat etc., and the parent/carer brings it to the school office after 9am, the following process has been put in place so that there is as little disruption as possible.

- Make sure your child’s name and home group is clearly marked on the item.
- When the item arrives at the school, an email is sent to the relevant teacher. Each teacher checks their email, if possible, at morning recess and lunchtime before going to the staffroom or doing yard duty. If this process has hiccups eg. casual relief teachers (CRTs), the office will ensure the item gets to the child.

We are unable to guarantee a child will get their play lunch in time, but we can guarantee they will get their lunch.

SCHOOL PHOTOS TUESDAY 21ST AND 22ND FEBRUARY

Each student should have received an individualised envelope to order their 2017 school photo. Please see your child’s teacher if you haven’t received an envelope for each of your children. Family envelopes are available in the office.

Due to the clash with the BDSSA swimming carnival, a number of home groups will have their individual and class photos on the Tuesday afternoon (after the swimming carnival) or the Wednesday morning.

Tuesday afternoon: 4-29, 4-30, 4-31
Wednesday morning: 4-32, 5-3, 5-4, 5-5, 5-6, 6-1, 6-2, 6-7, 6-8

3 WAY CONFERENCES TO BE HELD ON THURSDAY 30TH MARCH

TOILETTING ACCIDENTS – STUDENTS WHO WET OR SOIL THEMSELVES AT SCHOOL

Please ensure your child can change their clothes in case of an accident at school.

If a child wets their pants, we will provide them with a change of clothes (if there is one available – if not, we will phone you) and assist them if they can’t change themselves. Wet clothes will be tied in a plastic bag and sent home with your child. Please launder and return the school’s clothes as soon as possible as we have limited supplies. We are desperately short of boys and girls undies, blue shorts, blue track pants and socks – sizes 4, 6 and 8. If you can help with any of these, please bring them to the office.

If your child soils their pants, staff are not expected to change clothes. Parents or the emergency person will be contacted to come up and change the child.

Please note that we keep emergency clothing for students who have toileting or vomiting accidents. We do not have spare clothing for students who slip in the mud or stand in the rain and get wet. Parents will be contacted when this situation arises. If a parent is unavailable to bring a change of clothes, they will be informed that the child will be returned to class in the clothing they are wearing.

If you prefer, or if your child is prone to wetting their pants, provide a change of clothes in their bag and tell the teacher.

MONEY SENT TO SCHOOL

Preferred method of payment is Qkr. Instructions in this week’s newsletter. Cash can be sent to school every school day and is to be given to the classroom teacher by your child. Cash is to be sent in a sealed envelope clearly labelled with your child’s name, homegroup, payment description (ie. excursions, uniforms) and the amount of money enclosed. It would be appreciated if the correct amount was enclosed. EFTPOS payments are also available.
Volunteer Helpers at PPPS

Please note that if you attended a training session in the past, you do NOT need to attend another one. ‘Once trained, we have you for life!’ All members of the community who volunteer in any role in the school, will need to have an up to date Working with Children Check.

For new volunteers we are offering two briefings this term

So that we can strengthen our interdependent partnership between Plenty Parklands school and the community we offer training sessions for parent and community members. Over the years our students have benefited from the work and dedication of hundreds of helpers. We are always ready and willing to welcome even more. You may be a new member of our community and keen to offer your help while also getting to know other community members.

The sessions will outline your role and responsibilities with regard to Privacy, Work Cover, Harassment and Occupational Health and Safety legislation. In line with our values, particularly those of Care, Trust and Respect, you will understand that the safety and care of your children are the most important considerations when implementing a program such as volunteer helpers. Also with legislation related to a range of issues it is imperative that ALL volunteers are briefed before they are able to help in any way at school. You need only attend one of the briefings.

This training includes everyone who would like to start to help in any or all of the following areas; canteen, Parents Social and Fundraising sub committee (PSF), interschool sport, uniform shop, classroom helpers (in any area of the curriculum), excursions, special event days, fun day at the end of the year, fruit distribution, gardening, sports coaching, P.E. programs such as the Prep Perceptual Motor Program (PMP) and any transportation of students. In fact, anyone who helps at the school in any way. Please note that helpers on school camps have a special briefing prior to camp. The dates for term 1 are:

Tuesday 14 February 6:00 to 6:30 pm or Wednesday 15 February from 9:15 to 9:45

Remember that you need to participate in a training session in order to help in any capacity at the school. The briefing takes about 30 minutes and will be held in the conference room (library) or staff lounge (staff room).

After completion of this short briefing, you will be welcome to help at PPPS at any time in the future in a ‘one off’ or ongoing situation.

Please see this invitation as an opportunity to get to know other members of our school community while also providing the students of PPPS with invaluable support and assistance.

Don’t worry; there are no hard questions to answer or problems to solve. You just need a willingness to help and we’ll do the rest!! We look forward to seeing you at one of these sessions.

PLEASE SEE PATH BELOW TO REGISTER YOUR ATTENDANCE

For information about Volunteer Training and to register your attendance for one of these sessions please go to the PPPS webpage. Follow the path; Forms and Notices, Volunteers, Volunteer Training for information and registration.
**PLENTY PARKLANDS PRIMARY SCHOOL CANTEEN MENU**

**Term 1 - 2017**

Orders can be placed on QKR or please write child’s name, room number, order and any allergies or special dietary requirements clearly on a brown paper lunch bag. Lunch bags can be provided for 10c extra.

### SANDWICH & SALAD BAR

**Roll or Wrap add**

<table>
<thead>
<tr>
<th>Option</th>
<th>Price</th>
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<tbody>
<tr>
<td>White or Wholemeal Bread</td>
<td>50c</td>
</tr>
<tr>
<td>Ham, Chicken, Tuna, e.g. or Salad</td>
<td>30c</td>
</tr>
<tr>
<td>Vegemite, tomato or cheese</td>
<td>2.00</td>
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<tr>
<td>Egg &amp; Lettuce</td>
<td>3.00</td>
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** Extras (add)**

<table>
<thead>
<tr>
<th>Option</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Cheese, tomato, grated carrot, cucumber, or beetroot</td>
<td>30c</td>
</tr>
<tr>
<td>Ham, chicken, tuna, avocado or egg</td>
<td>50c</td>
</tr>
<tr>
<td>Toasted sandwiches (add)</td>
<td>30c</td>
</tr>
<tr>
<td>Toasted baked beans</td>
<td>3.00</td>
</tr>
<tr>
<td>Garden Salad tub</td>
<td>4.50</td>
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<tr>
<td>Ceasair salad</td>
<td>4.50</td>
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### BURGERS

Please note beef burgers are home made Burger; Beef/Chicken/Veggie/Fish, 3.70

**Extras (add)**

<table>
<thead>
<tr>
<th>Option</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Cheese, tomato, grated carrot, beetroot or lettuce</td>
<td>30c</td>
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### SAUCES

<table>
<thead>
<tr>
<th>Option</th>
<th>Price</th>
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<tbody>
<tr>
<td>Tomato, sweet chilli and soy sauce, mayonnaise or salad dressing</td>
<td>20c</td>
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### HOT FOOD

<table>
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<th>Option</th>
<th>Price</th>
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<tbody>
<tr>
<td>Hot chicken roll or wrap</td>
<td>3.50</td>
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<tr>
<td>Cheese, tomato, grated carrot, beetroot or lettuce</td>
<td>30c</td>
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<tr>
<td>Home made Lasagne</td>
<td>4.30</td>
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<tr>
<td>Home made macaroni cheese</td>
<td>4.30</td>
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<tr>
<td>Pizza Hawaiian/Margarita</td>
<td>3.00</td>
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<tr>
<td>Hot dog</td>
<td>3.00</td>
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<tr>
<td>Dino Snacks 3 pack</td>
<td>2.80</td>
</tr>
<tr>
<td>6 pack</td>
<td>4.30</td>
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<tr>
<td>Meat pie</td>
<td>3.50</td>
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<table>
<thead>
<tr>
<th>Option</th>
<th>Price</th>
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<tbody>
<tr>
<td>Home made sausage roll</td>
<td>3.00</td>
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<tr>
<td>Pastie</td>
<td>3.50</td>
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<tr>
<td>Party pie</td>
<td>1.00</td>
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<tr>
<td>Home made party sausage roll</td>
<td>1.00</td>
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<tr>
<td>Steamed Dim Sim</td>
<td>1.00</td>
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<tr>
<td>Patizzi-Ricotta</td>
<td>1.00</td>
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<tr>
<td>Corn Cob</td>
<td>1.00</td>
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### HALAL

<table>
<thead>
<tr>
<th>Option</th>
<th>Price</th>
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<tbody>
<tr>
<td>Chicken Nugget (Baiada) 3 pack</td>
<td>2.80</td>
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<tr>
<td>6 pack</td>
<td>4.30</td>
</tr>
<tr>
<td>Chicken/Fish burger</td>
<td>3.70</td>
</tr>
<tr>
<td>Extras add</td>
<td></td>
</tr>
<tr>
<td>Cheese, tomato, grated carrot, beetroot or lettuce</td>
<td>30c</td>
</tr>
<tr>
<td>Hotdog (Vic Halal Meats)</td>
<td>3.50</td>
</tr>
<tr>
<td>Pies</td>
<td>3.50</td>
</tr>
</tbody>
</table>

### GLUTEN FREE

<table>
<thead>
<tr>
<th>Option</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meat Pie</td>
<td>4.00</td>
</tr>
<tr>
<td>Bolognaise pasta</td>
<td>4.50</td>
</tr>
<tr>
<td>Nuggets 3 pack</td>
<td>3.00</td>
</tr>
<tr>
<td>6 pack</td>
<td>4.50</td>
</tr>
<tr>
<td>$4.50</td>
<td></td>
</tr>
<tr>
<td>Choc chip cookie</td>
<td>1.00</td>
</tr>
<tr>
<td>Chicken Burgers</td>
<td>4.50</td>
</tr>
</tbody>
</table>

### DRINKS (lunch orders only)

<table>
<thead>
<tr>
<th>Option</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chocolate or strawberry milk</td>
<td>2.00</td>
</tr>
<tr>
<td>$200ml juice varieties</td>
<td></td>
</tr>
<tr>
<td>Apple, orange, apple &amp; blackcurrent</td>
<td>2.00</td>
</tr>
<tr>
<td>Focuss Water, lemonade, raspberry, fruit tingle</td>
<td>2.00</td>
</tr>
</tbody>
</table>

### SNACKS

<table>
<thead>
<tr>
<th>Option</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frozen orange quarter</td>
<td>30c</td>
</tr>
<tr>
<td>Frozen pineapple ring 50c</td>
<td></td>
</tr>
<tr>
<td>Seasonal fruit available</td>
<td>1.00</td>
</tr>
<tr>
<td>Apple Slinky</td>
<td>1.00</td>
</tr>
<tr>
<td>Watermelon Tubs</td>
<td>3.00</td>
</tr>
<tr>
<td>Carrot Sticks</td>
<td>1.00</td>
</tr>
</tbody>
</table>

### Over the counter only

<table>
<thead>
<tr>
<th>Option</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paddle pop icy twist</td>
<td>1.00</td>
</tr>
<tr>
<td>Rainbow Paddle pop</td>
<td>1.50</td>
</tr>
<tr>
<td>Chocolate Paddle pop cup</td>
<td>2.00</td>
</tr>
<tr>
<td>Calippo mini</td>
<td>1.00</td>
</tr>
<tr>
<td>Zing Yoghurt Bar</td>
<td>1.00</td>
</tr>
<tr>
<td>Moozie</td>
<td>1.00</td>
</tr>
<tr>
<td>Zupper Dupper</td>
<td>50c</td>
</tr>
</tbody>
</table>

Some items may contain traces of nuts

Prices are subject to change and include GST

### SNACKS (lunch order and over the counter)

<table>
<thead>
<tr>
<th>Option</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frozen orange quarter</td>
<td>30c</td>
</tr>
<tr>
<td>Frozen pineapple ring 50c</td>
<td></td>
</tr>
<tr>
<td>Seasonal fruit available</td>
<td>1.00</td>
</tr>
<tr>
<td>Apple Slinky</td>
<td>1.00</td>
</tr>
<tr>
<td>Watermelon Tubs</td>
<td>3.00</td>
</tr>
<tr>
<td>Carrot Sticks</td>
<td>1.00</td>
</tr>
</tbody>
</table>

### Example Order

<table>
<thead>
<tr>
<th>Option</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 x chicken burger</td>
<td>3.50</td>
</tr>
<tr>
<td>With lettuce</td>
<td>0.30</td>
</tr>
<tr>
<td>Tomato</td>
<td>0.30</td>
</tr>
<tr>
<td>Mayonnaise</td>
<td>0.20</td>
</tr>
<tr>
<td>1 x chocolate milk</td>
<td>2.00</td>
</tr>
</tbody>
</table>

**Natalie Williams**

**Room 5**

Total: **$6.30**
FINANCIAL ASSISTANCE
INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government’s commitment to breaking the link between a student’s background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF will be provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:
• $125 for primary school students
• $225 for secondary school students.

HOW TO APPLY
Contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

MORE INFORMATION
For the CSEF application closing dates and more information about the fund visit www.education.vic.gov.au/csef
CAMPS, SPORTS AND EXCURSIONS FUND (CSEF) APPLICATION FORM

PLENTY PARKLANDS PS PPSPS 1915
School Name School REF ID

Parent/legal guardian details
Surname
First name
Address
Town/suburb State Postcode
Contact number

Centrelink pensioner concession OR Health care card number (CRN)
☐ ☐ ☐ - ☐ ☐ ☐ ☐ ☐ - ☐ OR
☐ Foster parent* OR ☐ Veterans affairs pensioner

*Foster Parents must provide a copy of the temporary care order letter from the Department of Health and Human Services (DHHS).

Student details

<table>
<thead>
<tr>
<th>Child’s surname</th>
<th>Child’s first name</th>
<th>Student ID</th>
<th>Date of birth (dd/mm/yyyy)</th>
<th>Year level</th>
</tr>
</thead>
</table>

I authorise the Department of Education and Training (DET) to use Centrelink Confirmation eServices to perform an enquiry of my Centrelink customer details and concession card status in order to enable the business to determine if I qualify for a concession, rebate or service. I also authorise the Australian Government Department of Human Services (DHHS) to provide the results of that enquiry to DET.

I understand that:

- DHHS will use information I have provided to DET to confirm my eligibility for the Camps, Sports and Excursions Fund and will disclose to DET personal information including my name, address, payment and concession card type and status.
- This consent, once signed, remains valid while my child is enrolled at a registered Victorian school unless I withdraw it by contacting the school.
- I can obtain proof of my circumstances details from DHHS and provide it to DET so that my eligibility for the Camps, Sports and Excursions Fund can be determined.
- If I withdraw my consent or do not additionally provide proof of my circumstances details, I may not be eligible for the Camps, Sports and Excursions Fund provided by DET.

Information regarding my eligibility for the Camps, Sports and Excursions Fund may be disclosed to the Victorian Department of Health and Human Services and/or State Schools Relief for the purpose of evaluating concession card services or confirming eligibility for assistance. You are able to request access to the personal information that we hold about you, and to request that any errors be corrected, by contacting your child’s school.

Signature of applicant ___________________________ Date __/__/____
CSEF ELIGIBILITY

Below is the criteria used to determine a student's eligibility for the Camps, Sports and Excursions Fund (CSEF).

Criteria 1 – Eligibility

To be eligible for the fund, a parent or legal guardian of a student attending a registered Government or non-government Victorian primary or secondary school must:

• on the first day of Term one, or;
• on the first day of Term two;
  a) Be an eligible beneficiary within the meaning of the State Concessions Act 2004, that is, be a holder of Veterans Affairs Gold Card or be an eligible Commonwealth Health Care Card (HCC) or Pensioner Concession Card (PCC) holder, or
  b) Be a temporary foster parent, and
  c) Submit an application to the school by the due date.

* A special consideration eligibility category also exists. For more information, see: www.education.vic.gov.au/csef

Parents who receive a Carer Allowance on behalf of a child, or any other benefit or allowance not income tested by Centrelink, are not eligible for the CSEF unless they also comply with one of (a) or (b) above.

Criteria 2 - Be of school age and attend school in Victoria

School is compulsory for all Victorian children aged between six and 17 years of age inclusive.

For the purposes of CSEF, students may be eligible for assistance if they attend a Victorian registered primary or secondary school. Typically, these students are aged between five and 15 years inclusive.

CSEF is not payable to students attending pre-school, kindergarten, home-schooled, or TAFE.

Eligibility Date

For concession card holders CSEF eligibility will be subject to the parent/legal guardian’s concession card being successfully validated with an application on the first day of either term one (30 January 2017) or term two (18 April 2017).

PAYMENT AMOUNTS

CSEF payment amount

The CSEF is an annual payment to the school to be used towards camps, sports and/or excursion expenses for the benefit of the eligible student.

• Primary school student rate: $125 per year.
• Secondary school student rate: $225 per year.

The CSEF is paid directly to your child’s school and will be allocated by the school towards camps, sports and/or excursion costs for your child.

For ungraded students, the rate payable is determined by the student’s date of birth. For more information, see: www.education.vic.gov.au/csef

Year 7 government school students who are CSEF recipients are also eligible for a uniform voucher. Secondary schools are required to make applications on behalf of parents so please register your interest at the school.

HOW TO COMPLETE THE APPLICATION FORM

NOTE: ALL SECTIONS MUST BE COMPLETED BY PARENT/LEGAL GUARDIAN

1. Complete the PARENT/LEGAL GUARDIAN DETAILS section.

   Make sure that the Surname, First Name, and Customer Reference Number (CRN) details match those on your concession card. You will also need to provide your concession card to the school.

   If you are claiming as a Foster Parent or a Veteran Affairs Pensioner, you will need to provide a copy of documentation confirming your status as a temporary Foster Parent or provide your Veterans Affairs Pensioner Gold Card to the school.

2. Complete the STUDENT/S DETAILS section for students at this school.

3. Sign and date the form and return it to the school office no later than Friday 24th February, 2017.

The CSEF program for 2017 closes on 30 June, 2017.

CSEF payments cannot be claimed retrospectively for prior years.

Queries relating to CSEF eligibility and payments should be directed to the school.
5/6 SPORT PROGRAM 2017

MELBOURNE STORM VISIT

Last week we were fortunate to have Melbourne Storm representatives visit PPPS to talk to our year 5 students about sport, team work, respect and what is required to become a professional athlete. Much of the talk related to our school values and it was great to hear that the language used in PE sports lessons was closely aligned with the Melbourne Storm culture where you belong to a family and team work.

VICTORIAN PRIMARY SCHOOL SPORTS

TEAM NOMINATIONS 2017

Any parents of Year 6 students in 2017 who feel their child excels in a particular sport may be interested in nominating their child to attend trials for School Sport Victoria State Teams. The sports include Australian Football, Baseball, Basketball, Cricket, Cross Country, Diving, Football (Soccer), Golf, Hockey, Netball, Orienteering, Rugby League, Softball, Surfing, Swimming, Tennis, Touch, Track and Field, Triathlon, Volleyball and Water Polo.

Not all sports are participated in at school so I may be unaware of your child’s talents in one of the listed sports. If you are interested in nominating your child, you should contact me in writing outlining your child’s sporting achievements in their selected sport. Please remember that your child’s coach/es must consider your child to be “elite” in their sport and at the very least they must be playing at “Representative Level” to be considered. Playing Representative Level competition does not guarantee your child will be nominated in their chosen sport. Competition for spots is extremely competitive considering teams are chosen from students from right across Victoria.

It is important to note that Basketball, Football (Soccer), AFL Football and Netball only allow the school to nominate a maximum of 3 students per sport for their trials. Please include as much relevant information in your application to the school so that an accurate assessment can be made in regards to whether your child will be nominated or not.

**Nominations to the school will close on Friday February 17th.** You and your child will be informed in writing by Monday February 20th if they have or have not been nominated in their chosen sport. **Please be aware the Football (Soccer) and Basketball teams will participate at the same time at Pacific School Games so it is only possible to select one of these sports.**

If you have any further questions please contact me via email: scanu.sebastian.s@edumail.vic.gov.au or go to the new School Sport website for further information at– www.ssv.vic.edu.au Regards, Sebastian Scanu

PPPS SWIMMING TRIALS (Years 4, 5 and 6)

The date for the trials has been set for Thursday February 14 between 9.30am-1.00pm at YMCA (Mill Park). Permission forms have been given out and they are to be returned with money by Friday February 10. All students attending MUST be able to SWIM 50m, in either freestyle, backstroke, breaststroke or butterfly. Please encourage your child to have a go, particularly if they can SWIM 50m. **We require a minimum of 45 and a maximum of 108 students for the trials to go ahead, otherwise they will be cancelled.**

If you are available to assist on the day, please see Mr Scanu ASAP! (scanu.sebastian.s@edumail.vic.gov.au)

INTERSCHOOL/INTRASCHOOL SPORT IN 2017

All students in years 5 and 6 are required to participate in sport on a Friday morning in 2017. We are offering an Interschool Sports Program which has students playing against other schools within the BDSSA. For students involved in this program they will be given the opportunity to play the sports offered in term 1 (boys hot shots tennis, girls tee ball, cricket and volleyball – boys/girls). There will also be training for these students every Friday morning from 8.00am-8.45am, prior to each game.

The other program offered is Intraschool Sport which is held at Epping Leisure City and only involves students from Plenty Parklands. Students will participate in a number of sports such as gymnastics. Both of these programs cater for all of our year 5-6 students.

Parental assistance is required for the Intraschool Program so if you are available on a Friday morning between 9.00am-11.00am, please either contact Mr Scanu on scanu.sebastian.s@edumail.vic.gov.au, ask your child’s home group teacher or alternatively contact the school on 9404 4311. To assist in this program all parents must have completed the **volunteer training program which is held at Plenty Parklands and have a current WWC (working with children check)**. If you are unsure on how to obtain a WWC card please come and see me in the school gym or contact me via e-mail scanu.sebastian.s@edumail.vic.gov.au

Sebastian Scanu, PE Teacher
Little Groovin’ Guitars
Calling all rockstars!

Little Groovin’ Guitars is back and looking for budding rockstars to join the ranks. The program sees students learn in lessons, ensemble rehearsals, recital, CD recordings and the annual Rock Band Workshop. Please contact info@littlegroovinguitars.com.au with your child’s name and home group for information on enrolling in 2017.

Last year’s students participated in the annual Rock Band Workshop on 12th December. Students watched the band perform then rehearsed material in sections and together with the group in preparation for the performance in the evening.

We’d like to say a big thank you to the students for their excellent work and to their families and the school for the support they give.

Julia, Angus and the band
Welcome back to the new school year! We hope you have all enjoyed the holiday break and are excited for a fantastic new year. After having a great holiday ourselves, we are back on board and excited to see familiar faces returning—as well as some new faces. To help get your family back into the swing of things, here are some tips that you might find handy for easing your children into After School Care:

1. Give your child as much advance warning as you can that they’ll be coming to After School Care.
2. Pop into the program with your child to meet our Camp Australia team and find out what kind of activities they can look forward to.
3. Speak with the Camp Australia Coordinator if your child is nervous, and let us know how your child felt after their first visit.
4. If there is something in particular your child would like to play when they are in our care, encourage them to tell us know or you can give us a call. We’re here to make after school care visits the best experience possible, if you have any questions about the program—feel free to drop by, meet the team and see what happens in After School Care first hand. We look forward to seeing you soon.

   The Camp Australia Team.

Our theme for next week will be Chinese New Year and crafts together with outdoor games, sports and many indoor activities.
SCHOOL BANKING DAY IS ON THURSDAYS
COMMENCING 16TH FEBRUARY

SCHOOL BANKING VOLUNTEERS NEEDED:
WE NEED MORE PARENT VOLUNTEERS.
CONTACT ANTONELLA IF YOU ARE AVAILABLE TO HELP ON A THURSDAY MORNING.

Keyboard Lessons
On School Campus at Plenty Parklands PS

Small Group & Private Lessons

- Please ENROL TODAY – via PMI’s website OR enrolment forms available at your school front office
- Lessons are held once per week on school campus – typically during the school day
- Only $15.95 per child per small group lesson (2-5 students for 30 minutes)
- Our small group lessons provide a fun and affordable opportunity to learn instrumental music
- Private lessons also available ($32.95 per child for 30 minutes)
- Learning plan for all students via “PMI Stars” program – structured objectives with progress visibility
- PMI teachers supply keyboards and textbooks for keyboard lessons
- Ten minutes per day of practice at home is all that is required to see improvement!
- Instrumental music can improve your child’s school results – including for reading, maths, coordination
- Limited spaces available – so please enrol ASAP* (note: program is available for grade 1+ students)
