Congratulations to our Year 4 bike education participants who enjoyed their neighbourhood ride as the culmination of the program. As you can see from our photos, we could not have done this without the enthusiastic support of our parent volunteers. Many thanks to those who ‘took to the roads’ last week.

Congratulations to everyone who supported our National Day of Action Against Bullying and Violence last Friday. As well as wearing orange and donating a gold coin as a sign of their support, students were also involved in activities which reinforced this vital message. Through the Junior School Council, the students raised over $800 which will be donated to the Alannah and Madeline Foundation. Her Royal Highness Crown Princess Mary of Denmark tells us “…I am proud to be the International Patron of such a worthy children’s charity. Keeping children safe from violence is one of the most important responsibilities that we as a society undertake. As children are the true essence of our future, the importance of providing them with the most basic human right of having a safe and happy childhood cannot be underestimated.”

A special thank you to one of our families who so generously donated their time and equipment to evacuate the area at the front of the school. Weekend before last as we slept, took the kids to sport, walked the dog, mowed the lawn or whatever else you do on a Saturday, Jim, father of Milla 1-22, excavated the area and then disposed of the rubbish at the tip; all at no cost to the school. We really appreciate Jim’s willingness to support PPPS in such a practical way. This work was quickly followed by the addition of our new front gate and has also made way for the next step which, if all goes to plan, will happen over the holidays. This will include installation of the footings for the roof structure, the concrete path to the new gate, the retaining walls and crushed rock sub-base for the paving and the completion of the modifications to the existing roof over the entry.

Speaking of holidays, we wish you a safe and relaxing time with your family, when, we hope the children remember the importance of living by our values of a fair go for all, honesty, respect, trust, caring, tolerance, learning and personal achievement.

Claire McInerney, Principal
If you would like to meet the Principal or require further information about the school, please book into one of our Guided Tours and Chat with the Principal sessions.

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>Friday</td>
<td>17 April</td>
<td>9.15am - 10.15am</td>
</tr>
<tr>
<td>Wednesday</td>
<td>22 April</td>
<td>9.15am - 10.15am</td>
</tr>
<tr>
<td>Tuesday</td>
<td>28 April</td>
<td>2.15pm - 3.15pm</td>
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<tr>
<td>Thursday</td>
<td>07 May</td>
<td>9.15am - 10.15am</td>
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<tr>
<td>Wednesday</td>
<td>20 May</td>
<td>6.00pm - 7.00pm</td>
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<tr>
<td></td>
<td></td>
<td>(During Education Week)</td>
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<tr>
<td>Friday</td>
<td>22 May</td>
<td>9.15am - 10.15am</td>
</tr>
<tr>
<td>Monday</td>
<td>01 June</td>
<td>2.00pm - 3.15pm</td>
</tr>
</tbody>
</table>

BOOKINGS ARE ESSENTIAL

To make a booking phone the office on 9404 4311

Family Fun Night

A further thanks to the following people:
- Kathleen Allen
- Kathy Filev
- Adam Sevas (AusKick)
- Andrew Kyriazis (Football Star Academy)

for their support and contribution in making our Family Fun Night a great success.
Keeping fit in 1-21

“We like to keep fit by playing soccer”— Ahmed, Lee, Adrian and Dean.

“We like to keep fit by doing gymnastics”— Rose, Ayliz, Alyssa and Amelia.

“We like to keep fit by riding our bikes” - Ethan, David and Noah.
“I like to keep fit by swimming”— Christian.

“We like to keep fit by playing basketball”— Aleksandar, Tasia and Elle.
“I like to keep fit by playing cricket” - Abhinav.

“We like to keep fit by running”— Charlee and Diyon.

“I like to keep fit by skipping”— Mimi.
“I like to keep fit by playing tennis”— Emily.
“We like to keep fit by playing football”— Kurt and Ashton.
Our sandwiches were filled with lettuce, tomato, cucumber, carrot and cheese.

On Thursday 19th March 3-18 brought a healthy playlunch to school and made sandwiches with healthy fillings for our HEALTHY LUNCH DAY.
**FIRST AID PROCESSES**

- First aid is for employees, students and visitors who suffer injury or illness while at work/school.
- First aid is the initial care of the ill or injured. The school provides basic first aid facilities and first aid kits for excursions, sport and camps.
- School staff are rostered to provide first aid assistance each recess and lunch time.
- School staff are not expected to diagnose or medically treat illness. This can only be done by a medical practitioner. Staff are expected to provide the duty of care required of school employees. Basic procedures will be explained to all staff during the school year.
- Staff must be aware of taking reasonable care with regard to their own personal safety in carrying out first aid. Surgical gloves are provided for staff to use.
- Student records are maintained to facilitate appropriate contact with parents/guardians.
- It is illegal for a workplace to supply painkillers to staff or students.
- The school complies with Workplace legislation on the number of staff with Level 2 First Aid. Each 3-6 year level is to have a Level 2 first aid trained person, in order to fulfill camp requirements.
- All staff will be trained in CPR, Asthma management and Anaphylaxis – a refresher/update to be organised every year.

**Students who require first aid**

- Teachers to treat minor first aid needs in the classroom using the first aid kit that is shared between double classrooms. Each classroom also has a bum bag with basic first aid supplies which can be used when the class is outside.
- If a student complains of feeling unwell and the teacher is unsure of the veracity of their complaint (no obvious signs/symptoms or they are a known malingerer), the student is to rest in a quiet part of the room. If the student's condition deteriorates, they are to be sent to first aid with a First Aid Referral note and their bag. The staff on First Aid will phone the parents/guardians/emergency contact to come and collect the student. The staff on First Aid will also inform student's siblings in other grades.
- If a student has been injured or is bleeding during class time (other than a scratch or light graze), they are to be sent to First Aid with a First Aid Referral note and the First Aid staff will attend to them and take appropriate action. The staff on First Aid will notify the home group teacher if the student is to be sent home.
- If a student has been knocked in the genitals or received a head injury – First Aid attendant to phone parents to inform them.
- If a student complains of feeling unwell or in need of First Aid during recess and lunchtime, the yard duty teacher has a supply of wipes and band-aids in the bum bag that can be used or given to the student to use. Only serious cases are to be referred to First Aid.
- During recess and lunchtime the First Aid attendant contacts parents/guardians/emergency contact if the student is to be sent home. Where practical and possible, First Aid attendant to confer with the home group teacher (regarding the student being sent home), prior to contacting parents/guardians/emergency contact. At recess and lunch, the First Aid attendant will put the treatment form in the relevant home group teacher's pigeon hole. Home group teacher to store in student's file and follow up if an absence note is needed.
- If it is a serious injury, an Injury Report form is to be filled in by the staff member who brought/sent the student to First Aid. First aid staff may need to find out the details if yard duty staff are unaware of accident details.
- If a student receives a minor injury, a MINOR injury form is to be filled in by the person who administered first aid. If a parent is contacted by phone, no form is required. If a child returns to the playground or their home group, a form is required – child to be given form to pass onto their parent/s.
- When a student has been sent home through sickness or injury, the home group teacher is to follow up what medical treatment was given and whether it was by a medical practitioner or hospital.
- The light switch is to remain ON when there is a student in First Aid during class time, as this activates the RED light in the office. When a student is waiting to be picked up, they sit in the foyer chairs, unless they are too ill and then they wait in the First Aid room.

**Students who are ill**

- Sick or injured students who are unable to return to class will normally be sent home with parents/guardians. Students collecting students are required to complete the details in the sign out iPad at the office.
- Students who are obviously not well should not be sent to school. There is an exclusion list for contagious disease.

**Ambulance**

In the event that a student is seriously injured and requires treatment beyond basic first aid, parents/guardians or emergency contacts will be informed of the situation. If parents are unable to collect the student within a reasonable time, as determined by the Principal or Assistant Principal, then an ambulance will be called.

**The student’s welfare and pain relief will take overall priority.**

Further diagnosis and treatment will be the responsibility of ambulance officers. All parents/guardians are strongly encouraged to have ambulance cover.

**Records**

- Emergency contact records are required on enrolment at the school. Parents are requested to update information via regular messages in the School Newsletter.
- Major accident reports are sent to DE&T via the office computer and minor accident reports are kept at the school.
- Frequency and location reports with preventative action will be generated.
- A list of asthmatics and students with known medical problems/allergies, as per the enrolment form, will be kept in the First Aid room and information is also recorded on each student’s ‘Student Information Full Details’ form in their classroom file.

Continued next page
**FIRST AID PROCESSES** (continued)

**Life threatening illness of an ongoing nature**

- All issues to do with ongoing treatments, queries or processes to be referred to the appropriate student wellbeing staff: Belinda Woodhouse/Leanne Weston Preps, Sue O’Hehir/Julie Nixon Year 1, Linda Philippidis/Sharon Kandell Year 2, Scott Jessup/Julie Nixon Year 3, Clinton Lowes/Alison Devereaux Year 4, Kristy Caruso/Maria Stella Year 5, Diana Mitrevski/ Claire McInerney Year 6.
- A treatment plan or ASCIA Action Plan for Anaphylaxis or Allergy is to be provided by the student’s medical practitioner – a photocopy to be placed in student’s classroom file and the original to be placed in the student’s central office file. When updates are received from parents and medical practitioners, staple to front of old information. Heike Hopf to do clerical role and display.
- Heike to negotiate and finalise the Student Health & Management Plan with the parents and home group teacher using the medical practitioner’s report. Parent/Guardian agreement to support the school’s process

**Before any changes are made to a Management plan, a medical report is to be obtained and the relevant student wellbeing coordinator, parents and class teacher to meet.**

**Copies will be clearly displayed on First Aid room pin board. All staff to read information, familiarise themselves with each student and follow the plan EXACTLY.**

**Relevant classroom teachers will be issued with information about these students, which is to be read thoroughly and displayed prominently in their office and in a plastic pocket in front of their roll. Home group teachers to meet parents early in the year to discuss relevant health issues.**

**Additional distribution of information/photos**
- All specialist staff – photos/information
- Student individual file – information only
- Each yard duty folder – photos only
- Office – photos only

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**LOST PROPERTY ROSTER**

<table>
<thead>
<tr>
<th>Fri</th>
<th>27/3</th>
<th>Sule Aygun</th>
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</thead>
<tbody>
<tr>
<td>Fri</td>
<td>17/4</td>
<td>Penny Couper</td>
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</table>

**FIRST AID LINEN ROSTER**

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<tr>
<th>Fri</th>
<th>27/3</th>
<th>Sule Aygun</th>
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</thead>
<tbody>
<tr>
<td>Fri</td>
<td>17/4</td>
<td>Penny Couper</td>
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</tbody>
</table>

**HOUSE POINTS**

23/03/15

1st Blue Bandicoots
2nd Red Rosellas
3rd Green Grasshoppers
4th Gold Goannas

**ANTI LITTER AWARDS:**

Congratulations to the following students for receiving an anti litter award.

<table>
<thead>
<tr>
<th>P-14</th>
<th>Christian</th>
</tr>
</thead>
<tbody>
<tr>
<td>2-25</td>
<td>Grace</td>
</tr>
<tr>
<td>3-18</td>
<td>Nicholas</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>P-9</th>
<th>Chloe</th>
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</thead>
<tbody>
<tr>
<td>2-26</td>
<td>Bridgette</td>
</tr>
<tr>
<td>2-24</td>
<td>Anna</td>
</tr>
</tbody>
</table>

**READY TO ROCK?**

**Little Groovin’ Guitars and Little Groovin’ Drums** will hit the ground running in Term 2 with a formal recital and CD recording. The programs encourage the development of young musicians in a fun and friendly environment. Children learn through practical and theoretical exercises that teach musical concepts, styles and history. They immediately experience their musicianship in lessons, ensembles, and workshops.

The course includes:
- 36 lessons (annually), weekly ensemble rehearsals, two recitals, a workshop and performance with professional musicians and a CD recording.

The music instruction program that engages, excites and empowers children through music.

Our teachers are dedicated and passionate musicians and have a desire to share their love of music. Each teacher has an extensive musical education and background and has received the appropriate clearances to work with children.

To sign your child up for lessons or for more information, please email info@littlegroovin.com.au for guitar and drums@littlegroovin.com.au for drums/percussion lessons with your child’s name, age, class and school.
Last week’s results round 6:

**Bushrangers Vs Falcons (St Francis of Assisi)**
- Cricket: Bushrangers 160 runs Falcons 73 runs
- Tee-Ball: Bushrangers 21 runs to Falcons 12 runs
- Bat Tennis: Bushrangers 52 games to Falcons 28 games
- Girls Volleyball: Bushrangers 2 sets to Falcons 0 sets
- Boys Volleyball: Bushrangers 2 sets to Falcons 0 sets

**Jets (Mill Park Heights) Vs Redbacks**
- Cricket: Jets 158 runs to Redbacks 100 runs
- Tee-Ball: Jets 18 runs to Redbacks 9 runs
- Bat Tennis: Jets 26 games to Redbacks 50 games
- Girls Volleyball: Jets 0 sets to Redbacks 2 sets
- Boys Volleyball: Jets 2 sets to Redbacks 1 set

**Interschool Sport Program - District Grand Finals Friday March 27th**
All games to commence by 9.30am and finish by 11.00am

**Bat Tennis:** Bushrangers V Mill Park and Redbacks V Wolves @ Plenty Parklands P.S.
**Volleyball:** Girl Bushrangers V Rockets and Boy Bushrangers V Falcons @ St Francis of Assisi
**Cricket:** Bushrangers V Rockets @ Kelykanck Reserve and Redbacks V Jets @ Redleap Reserve
Good luck to the teams who are involved in the District Grand Finals on March 27th (last day of term).

**RMIT SPORTS PROGRAM IN 2015 AT PPPS**
RMIT 1st and 4th year P.E. students will work with students in years Prep-4 every Wednesday. The dates for term 2 are: Wednesdays: 22 April – 27 May. We are quite fortunate to be involved in this program and are one of a handful of primary schools involved in the program across Victoria.

**Parent/Volunteer Helpers.**
If any parent or member of the PPPS community can assist with inter-school sport or intraschool sport (held down at Epping Leisure City) term 2 of 2015 and has attended the volunteers training program and you are available on a Friday morning between 9am-11.30am please contact Seb Scanu on 9404-4311.

**PREMIERS ACTIVE FAMILIES CHALLENGE 2015**
The Premier’s Active Families Challenge provides a great opportunity for all Victorians to get active and enjoy the benefits of a healthy lifestyle. It is a fun and free initiative encouraging your students and their families to get more active, more often throughout the month of April. Registrations are now open! Families are encouraged to register and complete 30 minutes of physical activity a day for 30 days. To sign up visit [www.activeapril.vic.gov.au](http://www.activeapril.vic.gov.au).

Registered participants will receive:
- 10 free YMCA passes
- 15% discount at Sportsmart in store and online
- one hour free tennis court hire at Melbourne Park or Albert Park Reserve
- 2 for 1 entry to the Melbourne Aquarium

Students will also have the opportunity to nominate their school for the chance to win between $350 and $750 in Sportsmart vouchers.

**Fat in foods**
You may not think you eat too much fat, because much of it is hidden in meals we prepare or buy and in foods like cakes, pastries, biscuits, chips and sauces. Because you can't see it, you don't know how much fat you are eating or what type it is.

These diagrams show how much fat or sugar is hidden in certain foods and how you can make meals that are traditionally high in fat healthier.

A teaspoon of fat (yellow) contains 4 grams of fat. A teaspoon of sugar (white) contains 4 grams of fat.
SUSTAINABILITY TIPS

Save our precious water supplies by turning the tap off when brushing your teeth.

Gardening is a great way for children to learn about sustainable living. Give them a patch of their own to dig into, feed the earth, weed and plant.

HOLIDAY CAMP

MARCH/APRIL
CAMP
AVAILABLE

PLEASE VISIT
FOOTBALLSTARACADEMY.COM.AU
FOR MORE INFORMATION

DON’T MISS OUT ON THE ACTION AND FUN!
REGISTER NOW: FOOTBALLSTARACADEMY.COM.AU
OR CALL FSA 1300 372 300

CLASSIFIED ADVERTISEMENTS: The School and the DEPARTMENT OF EDUCATION AND EARLY CHILDHOOD DEVELOPMENT accept no responsibility for the goods or services offered in advertisements in this newsletter.
AMAZING AUTUMN SPORTS

DON'T MISS OUT ON THIS HOT CATCH! AMAZING AUTUMN SPORTS allows your child to play a range of dynamic and active programs over 10 weeks; these include: Basketball, AFL, Soccer, Tennis, orientated games and Crazy-Gaused! This program will not only provide an essential base for your child’s motor skills and help build awareness, co-ordination and friendship all in an enjoyable environment.

WHEN: Tuesday
COMMENCING: 14/04/2015
CONCLUDING: 16/06/2015
TIME: 3.35pm - 4.35pm
YEAR LEVELS: P – 4

COST: $30 (enrol at www.kellysports.com.au and search for your school)
VENUE: Plenty Parklands Primary School

ONLINE ENROLMENT
www.kellysports.com.au

ENROLMENT FORM

School: __________________________ Year Level: ________________
Name: ___________________________ Room No: __________________
Address: _________________________ Post Code: __________________
Phone: ___________________________ Mobile/Work: ________________
Email: ___________________________ Medical Conditions: ____________

At the completion of after school clubs, does your child? ☐ Go to after care ☐ Get collected

Parents' consent: I hereby authorise Kelly Sports to seek on my behalf should any child require medical attention, and release Kelly Sports Plenty Valley from any liability for injury incurred by my child at Kelly Sports programmes.

Parent/Caregiver name: ___________________________ Signature: __________
Account Paid: $ __________________________ Credit card payment: ☐ Visa ☐ Mastercard
Card Number: ___________________________ Expiry Date: ____________
CVV Number: ___________________________
A fun and engaging learning program
Focuses on literacy, numeracy and language
Features the Little Learners Love Literacy program
Builds confidence and self-esteem
Small class sizes
Run by a qualified and experienced teacher

All this is delivered in a fun structured program, made up of story time, crafts, songs, movement and group share time.

PROGRAMS OFFERED:

TODDLER GROUP
2½-3 years old (parent & child)
Learn alongside your child
in this invaluable
45 minute session

PRESCHOOLER GROUP
4-5 years old
A 2 hour session that offers everything your child needs and more to become school ready

ENROL TODAY
Learning Buds is located at:
Plenty Parklands Primary School
48 Blossom Park Drive, Mill Park
Contact Kate on 0408 292 975
Visit us: www.learningbuds.com.au
Email: kate@learningbuds.com.au